

A large, light gray decorative flourish consisting of several elegant, swirling lines that curve upwards and then downwards, framing the text.

*Completed* **LISTENING GUIDES**

Three small, light gray butterfly silhouettes are positioned below the word "GUIDES", appearing to fly towards the right.

*Beauty by* THE BOOK



*Introductory Week* • **PHYSICAL BEAUTY vs.  
BIBLICAL BEAUTY**

*Physical Beauty...*

- 1) Is God-given. *Ezekiel 16:4–13*
- 2) Is attention-getting. *Ezekiel 16:14*
- 3) Is pride-inducing. *Ezekiel 16:15*
- 4) Is spiritually corrupting. *Ezekiel 16:15–18*

*Biblical Beauty...*

- 1) Is God-given. *1 Peter 3:3–4*
- 2) Is gentle and quiet. *1 Peter 3:3–4*
- 3) Is precious in God's sight. *1 Peter 3:3–4*
- 4) Is unfading and eternal. *1 Peter 3:3–4*

*One thing I have asked from the LORD, that I shall seek:  
that I may dwell in the house of the LORD all the days of my life,  
to behold the beauty of the LORD and to meditate in His temple.*

—Psalm 27:4

**Question:** How can you become a biblically beautiful woman of God?

**Answer:** By beholding God and upholding the standard of His Word.



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*Week One* • **BIBLICAL BEAUTY ACCORDING TO PROVERBS**

*Background on Proverbs:*

- 1) *Author of Proverbs:* Solomon 1:1, 1 Kings 3:5–12
- 2) *Purpose of Proverbs* (1:1–6): To give wisdom, discipline, understanding, prudence, knowledge and discretion to the wise AND the unwise.
- 3) *Primary Principle of Proverbs* (1:7): The fear of the Lord is the beginning/foundation of wisdom and knowledge.

**The fear of the Lord** = reverence for God  
that results in obedience to God.

- 4) *Present Day Proverb:*

“You gotta know better to do better.”

**Our Goal as we study Proverbs: To know AND  
do/obey God better.**



*Biblical Beauty Dos: According to Proverbs:*

- 1) Pure and modest. (Beauty Don't #1: The Immoral Woman)
- 2) Discreet and prudent. (Beauty Don't #2: The Indiscreet Woman)
- 3) Edifying and gracious. (Beauty Don't #3: The Irritating Woman)
- 4) Sexual and satisfying. (Beauty Do #1: The Captivating Woman)
- 5) Spiritual and strong. (Beauty Do #2: The Ideal Woman)

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*Week Two* • **THE IMMORAL WOMAN VS.  
THE GODLY WOMAN**

**Biblical Beauty Don't: The Immoral Woman:**

- 1) *How does she speak?* Prov. 2:16, 5:3  
Seductive, flirtatious, flattering, and enticing words.
- 2) *How does she act?* Prov. 7:10–16  
Aggressive, brash, rebellious, neglects her home, prefers the streets, malls, and markets.
- 3) *How does she dress?* Prov. 7:10  
Seductively, immodestly, inappropriately.
- 4) *What is her heart like?* Prov. 5:6, 30:20  
Religious but ignores God's ways.
- 5) *What is her destiny?* Prov. 5:5  
Destruction, death, and judgment.

**Biblical Beauty Do: The Godly Woman:**

- 1) *How does she speak?* 1 Peter 3:3–4  
Gentle, quiet, discreet, and edifying words.
- 2) *How does she act?* 1 Peter 3:2, 1 Thess. 4:3–7  
Avoids sexual immorality, controls her body so as not to defraud others. *Defraud* = *to take advantage of someone; to cause someone to stumble*.
- 3) *How does she dress?* 1 Timothy 2:9–10  
Modestly, decently, and appropriately.
- 4) *What is her heart like?* 1 Thess. 4:1  
Longs to please God and lead a holy life.
- 5) *What is her destiny?* 1 Thess. 5:9–10  
Eternal life and salvation.



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*Week Three* • **THE INDISCREET WOMAN VS.  
THE WOMAN OF DISCRETION**

**Key Verse:** *A woman who is beautiful but lacks discretion is like a gold ring in a pig's snout.*—Proverbs 11:22

OT synonyms for discretion:  
*discreet, discerning,  
prudent, understanding,  
insight, wise, knowledge*

NT synonyms for discretion:  
*discreet, sensible, sober,  
self-controlled, wisdom*

***Biblical Beauty Don't:***  
***The Indiscreet Woman:***

- 1) She talks too much and says whatever comes into her head.
- 2) She yawns at personal and spiritual growth.
- 3) She makes poor decisions based on bad judgment.
- 4) She's moody and enjoys drama.
- 5) She flirts with danger and invites it.

***Biblical Beauty Do:***  
***The Discreet Woman:***

- 1) She controls her tongue and speaks with wisdom. *Prov. 10:13, 11:12*
- 2) She's eager to learn, grow, and mature spiritually. *Prov. 14:6*
- 3) She makes wise decisions based on truth. *Prov. 13:16, 14:15*
- 4) She is even-tempered and not easily angered. *Prov. 17:27*
- 5) She recognizes danger and avoids it. *Prov. 27:12*



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## *Week Four* • **HOW'S THAT IRRITATING WOMAN WORKING FOR YOU?**

### *The Irritating Woman:*

1. Outward signs: discord, strife, manipulating, pouting, pleading, demanding, nagging, etc.
2. Proverbs describes her as “quarrelsome” and “contentious”; both of these words come from the Hebrew root word *adon* which means sovereign, i.e. controller (human or divine), lord, master, root of God's name, “Adoni.”<sup>8</sup> *Prov. 19:13, 21:9, 21:19, 25:24*
3. Because of the fall, all women struggle with the desire to be Irritating Women; it's our default condition when we are controlled by the flesh. *Gen. 3:16*

### *How's that Irritating Woman working for you?*

1. Miriam's Story *Num. 12:1–15*
2. Michal's Story *2 Sam. 6:12–23*
3. Sarah's Story *Gen. 16:1–5*

### *What will work for you?*

1. The Daughters of Zelophehad: *Num. 27:1–10*
  - a. They took their problem to those in authority.
  - b. They stated their case simply, factually, and respectfully.
  - c. They offered a simple and a fair solution.
  - d. They entrusted the results to the authorities.

RESULTS: They received what they needed and helped others, too.

2. Acsah's Example *Joshua 15:13–19*
3. Paul's Example *Philemon*



<sup>8</sup> James Strong, *Strong's Exhaustive Concordance* (Iowa Falls, Iowa: Riverside Book and Bible House), 113.

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*Week Five* • **THE ABC'S OF THE CAPTIVATING WOMAN**

Introduction: What Sex Means to a Man and What Sex Means to a Woman  
from *The Act of Marriage* by Tim and Beverly LaHaye.

Man

- satisfies his sex drive
- fulfills his manhood
- enhances his love for his wife
- reduces friction in the home
- life's most fulfilling experience

Woman

- fulfills her womanhood
- reassures her of her husband's love
- satisfies her sex drive
- relaxes her nervous system
- the ultimate experience for her

1. Anticipation Song of Solomon 1
2. Beautification Song of Solomon 1:10–12, 4:11
3. Communication Song of Solomon 2:8–9, 5:9–16, 7
4. Celebration Song of Solomon 1:7–17, 2:10–13
5. Consummation Song of Solomon 4:10–16



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*Week Six* • **BECOMING AN IDEAL WOMAN**

An Ideal Woman in the making is *becoming*:

1. A trustworthy, valuable help to others. *Prov. 31:11–12*
2. A self-starter and a hard worker. *Prov. 31:13, 17, 19, 27*
3. A skilled homekeeper and servant to her family. *Prov. 31:14–15, 21–23*
4. An organized planner and overseer. *Prov. 31:15, 21, 27*
5. A wise investor and good steward. *Prov. 31:16, 18*
6. A gracious giver to those in need. *Prov. 31:20*
7. An excellent businesswoman. *Prov. 31:24, 18*
8. A strong, dignified, confident woman. *Prov. 31:21, 25*
9. A wise, kind example, educator, and encourager. *Prov. 31:26*
10. A woman who reverences God and gives Him priority. *Prov. 31:30, 28*



