Blank Listening Guides

Beauty by The Book for Teens

Becoming a Biblically Beautiful Young Woman
A 7-Week Study of Proverbs

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Introductory Week • Physical Beauty vs. Biblical Beauty

**Physical Beauty...**

1) Is ____________________ . Ezekiel 28:12
2) Is ____________________ . Ezekiel 28:13–14
3) Is ____________________ . Ezekiel 28:17
4) Is ____________________ . Ezekiel 28:16–17

**Biblical Beauty...**

1) Is ____________________ . 1 Peter 3:4
2) Is _____________ and _____________ . 1 Peter 3:4
3) Is _____________ in God’s sight. 1 Peter 3:4
4) Is _____________ and _____________ . 1 Peter 3:4

**Question:** How can you become a biblically beautiful young woman?

**Answer:** By _____________ God and _____________ the standard of His Word.
Week One • Biblical Beauty According to Proverbs

Background on Proverbs:

1) **Author of Proverbs:** ________ Proverbs 1:1

2) **Purpose of Proverbs** (1:2–6): To give wisdom, discipline, understanding, prudence, knowledge and discretion to the ________ AND the ________

3) **Primary Principle of Proverbs** (1:7): The fear of the Lord is the __________________________ of wisdom and knowledge.
   The fear of the Lord = ___________________________ for God that results in ____________________________ to God.

4) **Present Day Proverb:**
   “__________________________________________”
   Our Goal as we study Proverbs: To _________ AND _______ God better.

Biblical Beauty Dos: According to Proverbs:

1) ________ and ___________________. (Beauty Don’t #1: The Immoral Woman)

2) ________ and ___________________. (Beauty Don’t #2: The Indiscreet Woman)

3) ___________________ and ___________________. (Beauty Don’t #3: The Irritating Woman)

4) ___________________ and ___________________. (Beauty Do #1: The Captivating Woman)

5) ________ and ___________________. (Beauty Do #2: The Ideal Woman)
Week Two • The Immoral Woman vs. The Godly Woman

Biblical Beauty Don’t: The Immoral Woman:

1) **How does she speak?** Prov. 2:16, 5:3, 7:5, 15, 21
   ___________________________________, flirtatious, flattering, and enticing.

2) **How does she act?** Prov. 7:10–16
   ___________________________________, brash, rebellious.

3) **How does she dress?** Prov. 7:10
   Seductively, ______________________, inappropriately.

4) **What is her heart like?** Prov. 5:6, 30:20, 7:14
   Religious but __________ God’s ways; she ______ and destroys others with no remorse.

5) **What is her destiny?** Prov. 5:5, 7:27
   Destruction, death, and ________________.

Biblical Beauty Do: The Godly Woman:

1) **How does she speak?** 1 Peter 3:4
   __________________, discreet, and edifying.

2) **How does she act?** 1 Peter 3:2, 1 Thess. 4:3–7
   Avoids sexual ________________, controls her body so as not to ______________ others. **Defraud** = to take advantage of someone; to cause someone to stumble.

3) **How does she dress?** 1 Timothy 2:9–10
   __________________, decently, and ________________.

4) **What is her heart like?** 1 Thess. 4:1, 7
   Longs to ______________ God and lead a holy life.

5) **What is her destiny?** 1 Thess. 5:9–10
   Eternal life, salvation, and the ______________ of God’s blessing.
Week Three • The Indiscreet Woman vs. The Woman of Discretion

OT synonyms for discretion:
discreet, discerning, prudent, understanding, insight, wise

NT synonyms for discretion:
discreet, sensible, sober, self-controlled, wisdom

Biblical Beauty Don’t:
The Indiscreet Woman:

1) She _________ too much and _________ whatever comes into her head.
2) She _________ at personal and __________________ growth.
3) She makes ____________ based on bad judgment.
4) She’s ____________ and enjoys ____________.
5) She _________ with danger and _________ it.

Biblical Beauty Do:
The Discreet Woman:

1) She ___________ her ___________ and speaks with wisdom. Prov. 10:13, 11:12
2) She’s eager to learn, _________, and mature _________________. Prov. 14:6
3) She makes ____________ based on truth. Prov. 13:16, 14:15
4) She is ___________ _____________ and not easily angered. Prov. 17:27
5) She _________________ danger and ___________ it. Prov. 27:12
Week Four • How’s That Irritating Woman Working for You?

The Irritating Woman:

1. Outward signs: * _____________________, quarrelsome; hard to get along with
   * _______________ and manipulating
   * _______________, pleads and nags
   * demanding and ___________ /
2. Inward issues: A desire to __________ and ______________ others.

How’s that Irritating Woman working for you?

1. _______________ Story. It didn’t work for her at all! Num. 12:1–15
2. _______________ Story. It didn’t work for her either! 2 Sam. 6:12–23

What will work for you?

1. The Example of the Daughters of Zelophehad: Num. 27:1–10
   a. They took their _______________ to those in _________________.
   b. They stated their case _______________, ________________, and respectfully.
   c. They offered a simple, fair ________________.
   d. They _______________ the _______________ to the authorities.
   RESULTS:
   They received what they needed and ________________, too.
2. The Example of __________ Joshua 15:13–19
3. Speaking _____: Ephesians 4:29
   a. A biblically beautiful young woman speaks __________ 3B.
   b. 3B words _______________, __________, and ________________ others.
Week Five • How a Godly Girl Attracts a Godly Guy

Step 1: Embrace God’s ______________ as your ______________; only date / marry a Christian.

“Don’t team up with those who are unbelievers. How can righteousness be a partner with wickedness? How can light live with darkness?”
—2 Corinthians 6:14 NLT

Step 2: Follow Ruth’s example; become a ______________ young woman.

1) Give God ___________________ in your life. Ruth 1:16, Psalm 37:3–6
2) ___________ the _____________ of others by:
   * your virtuous ___________________ Ruth 2:10–13, Psalm 37:6
   * your willingness to ___________ Ruth 2:2–3, 6–7
3) Take care of your ___________________. Ruth 3:3
4) Do not compromise your ___________________. Ruth 2–3
5) Let your desire for a ______________ to ______________ be known. Ruth 3:6–9

Step 3: Learn to ______________ a godly guy.

1) He will give God ______________ in his life. Ruth 2:4, 8–15
2) He will be ______________ by others.
3) He will ___________ you. Ruth 2:8, 15
4) He will ___________ for you. Ruth 2:8–9, 14–16
5) He will make a ______________ to you and will ______________ follow through with it. Ruth 3:11–4:10
Week Six • Becoming an Ideal Woman

An Ideal Woman in the making is becoming:

1. A _______________________, valuable help to others. Prov. 31:11–12

2. A ________-_____________ and a hard worker. Prov. 31:13, 17, 19, 27

3. A skilled _____________ and servant to her family. Prov. 31:14–15, 21–23

4. An organized ______________ and overseer. Prov. 31:15, 21, 27

5. A wise _______________ and good steward. Prov. 31:16, 18

6. A gracious ____________ to those in need. Prov. 31:20

7. An excellent ______________________. Prov. 31:16, 24

8. A strong, dignified, ______________ woman. Prov. 31:21, 25

9. A wise, kind _______________, educator, and encourager. Prov. 31:26

What’s her secret? How can she do all this? Answer: Because she is…

10. A woman who __________________ God and gives Him priority. Prov. 31:30