

LEADER GUIDE

Beauty by
THE BOOK

A decorative graphic featuring three butterflies in flight, moving from the top right towards the center. Below the butterflies are elegant, light gray swirls and flourishes that extend across the page.

Becoming a Biblically Beautiful Woman

by **Laurie Cole**

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Week One • FIVE BEAUTY DOS & DON'TS

goals

- To overview the five women from Proverbs.
- To help your group understand what the Bible teaches about true beauty.

PRAYER REQUESTS & PRAYER (5–10 minutes)

DISCUSSION (45–50 minutes)

Please check the box beside each discussion question you have prayerfully chosen to use in your small group time. **NOTE: Application-based questions are shaded.**

DAY ONE

- 1. As you studied the Immoral Woman this week, what were your first impressions about her as you read Proverbs 5:3-6?
- 2. What are some of the characteristics of an Immoral Woman? (*ques. 3a & b, pp. 3–4*)
- 3. Although your first impression of the Immoral Woman was probably negative, what kind of first impression does she often make with others and why? (*ques. 3c, p. 4*)
- 4. What kind of reputation does the Immoral Woman have in today's world, and what are some places you most consistently see her? (*ques. 4 & 5, p. 5*)
- 5. Why do you think God reserved five passages and one entire chapter of Proverbs to describe the Immoral Woman? Why do we (Christian women) need to know so much about her? (*ques. 6, p. 5*)

DAY TWO

- 1. Who was the second beauty you met in Day Two, and how is she described? (*ques. 2, p. 7*)
- 2. What is discretion? What does it mean to be “discreet” or “prudent?” (*ques. 3a–d, p. 7*)
- 3. What did you learn from Proverbs about Beauty #3, the Irritating Woman? What effect does she have upon others, and how does her behavior impact her relationships? (*ques. 6–7ab, p. 9*)
- 4. Can you relate to the Irritating Woman? How and in what relationships?

DAY THREE

- 1. What are the characteristics of Beauty #4, the Captivating Woman? (*ques. 3, p. 11*)
- 2. What benefits does the Captivating Woman receive outside the bedroom? In other words, what are some of the side benefits of a sexually satisfied husband? (*ques. 4, p. 12*)
- 3. How does Genesis 2:25 parallel the Captivating Woman passage in Proverbs 5:18-19? (*ques. 6, p. 12*) What do these passages reveal about God's viewpoint about sex? How can these passages encourage and even "coach" Christian wives?

DAY FOUR

- 1. What were your first impressions of Beauty #5, the Ideal Woman in Proverbs 31?
- 2. Which qualities, characteristics and accomplishments do you most admire about her and desire for your own life? (*ques. 3, p. 15*)
- 3. How is the Ideal Woman different from the Immoral Woman? What did you learn about her that reveals she's very different from the Indiscreet Woman? In what way is she different from the Irritating Woman? What does she have in common with the Captivating Woman? (*ques. 4a-d, p. 15*)

DAY FIVE

- 1. What did you learn about biblical beauty from 1 Samuel 16:7 and 1 Peter 3:3-4? How does God define beauty? (*ques. 2a & b, p. 17*)
- 2. What did you learn about Jesus' physical appearance? (*ques. 3, p. 17*) What do you think attracted people to Jesus?
- 3. What is your definition of biblical beauty? (*ques. 4, p. 17*)

CLOSING QUESTION

- 1. Of the five women you studied this week from Proverbs, which one did God most use to speak to you and how?