

Leader Guide

There is a Season

Experiencing Contentment
in Every Season of Life

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WEEK ONE – She Said He Said: Proverbs 31 vs. Ecclesiastes 1

- GOALS:**
- * To understand the differences between the Model Woman and Solomon regarding their attitudes and experiences.
 - * To discuss and discover the ways in which we are all able to relate to the Model Woman and Solomon.

PRAYER REQUESTS & PRAYER (5–10 minutes)

DISCUSSION (50 minutes)

Please check the boxes beside each discussion question you have prayerfully chosen to use in your small group time. **NOTE: Application-based questions are shaded; scripture-based questions are not.**

DAY ONE:

- ☐ 1. Describe your first impression of the Model Woman from Proverbs 31:10–31. (question 3, page 6)
- ☐ 2. What did you learn about the Model Woman regarding her attitude toward her life and her relationship with God? (question 4 chart, page 7)
- ☐ 3. In what ways did you relate to the Model Woman? How are you like her? How are you unlike her? (questions 5a–c, pages 7–8)
- ☐ 4. Do you think this passage represents “a day in the life of the Model Woman,” or do you think it paints a panoramic portrait of a woman throughout the many seasons of her life and why? (question 5d, page 8)

DAY TWO:

- ☐ 1. What did you learn about Solomon’s background from 1 Kings? How did he begin his reign as king? How did he end his reign as king? (questions 2–3, pages 8–9)
- ☐ 2. What did you learn about Solomon from Ecclesiastes 1? What is his attitude about life and how do you think it affected his relationship with God? (questions 4a–b, pages 9–10)

DAY THREE:

- ☐ 1. What did you learn about the word “vanity?” What illustration did Solomon use to describe vanity? (questions 2–3, pages 10–11)
- ☐ 2. Please share your own paraphrases of Ecclesiastes 1:2–3. How did you express these verses? (question 5, page 11)
- ☐ 3. What differences did you see between Solomon and the Model Woman? How do they appear to contradict one another scripturally? (questions 6a–b, page 12)
- ☐ 4. Have you ever felt like Solomon that life is in some ways vain and meaningless? If so, please explain why (question 7a, page 12)

DAY FOUR:

- ☐ 1. What were some of the things Solomon pursued in his search for meaning and satisfaction in life, and how do we continue to pursue these same things? (*"Searching for Satisfaction"* chart, pages 13–14)

DAY FIVE:

- ☐ 1. As you studied the definitions of contentment, what one word best defines contentment? (question 2, page 15) How does contentment differ from vanity? (question 6, page 17)
- ☐ 2. What did you learn from scripture about contentment? (question 3, pages 15–16)
- ☐ 3. In what areas of your life are you most satisfied/content? (question 6, page 17)
- ☐ 4. In what areas of your life are you most dissatisfied/discontent? (question 6, page 17)

CLOSING QUESTION:

- ☒ 1. How has the Lord spoken to you this week? What insights did the Holy Spirit give you? How are you responding to what God has revealed to you through His Word this week? (insights and journal entries)